

"Why didn't I know this years ago?"

It **empowers women** to know how tracking their cycles can greatly **benefit their health** by identifying potential problems and can be a **natural alternative** to the Birth Control Pill.

It helps women appreciate and advocate

for their own gynecologic health.

We hear women say this time and time again.

Surprised to learn their bodies are sending signals about their reproductive health, they wonder why they hadn't learned this in their teen years.

Many lament having spent years on artificial hormones and the negative impact it had on their bodies.

Married couples love to learn they can plan their families naturally.

Natural Fruit FertilityCare Services

Patricia Deshane, CFCP patricia.deshane@live.com (518) 620-6280

http://naturalfruitfertilitycare.com

